
SPORTS DAY 2019

Dear Parents,

On Friday, April 19 HIS will be having the Annual Sports Day at Coca Cola West Hiroshima Stadium. <http://en.rugby-japan.jp/guide/map/detail/474/> This has always been a day of fun, competition and performance and we're looking forward to adding to this tradition this year. Students will have the opportunity to work within a multi age group completing a variety of activities, as well as, testing their best against their peers in Track and Field events.

This is an all day event and everyone is to meet at the stadium by **8:40**. Sports Day will finish between 3:30 and 4:00 pm. Regular school bus riders can ride the bus from their usual spot, to Coca cola stadium. All other students are expected to arrange transportation to and from the stadium. Parents, relatives and friends are encouraged to come along to support and participate in the days events. The morning will consist of Track and Field Events followed by a cooperative team challenge competition in the afternoon. *Although the event takes place rain or shine, if heavy rain is forecasted for the entire day or any weather advisories are in effect, the event may be cancelled. Parents will be notified via email and the school website by 6:15 am. If sports day is cancelled, school will resume as scheduled: buses will pick up students at normal times and they will be taken to HIS for regularly scheduled [C] day classes.*

Each student has now been placed in a team color. Please make sure they are wearing their school team color tee shirts.

Things to remember

- appropriate sport attire (Please check the weather forecast)
- HIS team color T-shirt
- running shoes
- lunch (Picnic mats or chairs) and healthy snacks
- water bottle
- sunscreen and hat
- Plastic bag for "No Rubbish Day" **

HIS Athletic Association will have a fundraiser on the day during the lunch break. They will be selling drink and fruits.

If you have any questions, please contact the office.

** Plastic bag:

As in previous years, we would like to challenge the whole school community to participate in a 'No Rubbish Day' at the Coca Cola stadium. Although we will provide three plastic bags for each team color, generous bonus points will be awarded to the team with the least rubbish. We encourage all families to bring their own tupperware and cutlery to reduce waste or take their rubbish home themselves.

Regards,
Mika Kiriake